

# The Sentinel



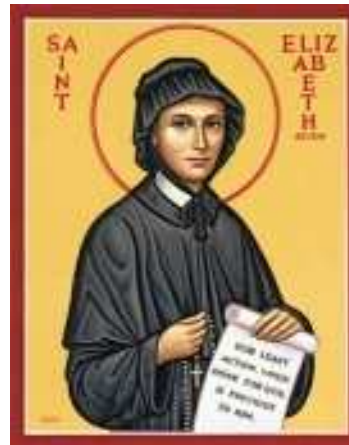
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## The Seton Legacy *by Maeve Salanger*

The 2009 - 2010 school year marks the bicentennial commemoration of the work of the Sisters of Charity, a religious community founded by Elizabeth Ann Seton. For students at Seton Catholic Central High School this means celebrating the significance of attending a school named for the patroness of Catholic education. Although the notion of the Seton Legacy is a nationally-accepted concept, it also has a particularly special foundation at Seton and other local Catholic schools. Miss Kathleen Dwyer, principal of Seton, notes, "This is an important year for us. It's an important year for Catholic education in general."

As the first American-born saint to be canonized, Mother Seton led an exceptionally devoted and spiritual life. Originally a member of the Episcopalian Church, she later became a convert to Roman Catholicism after the death of her young husband.



Through the Catholic faith, she became committed to charity and service. After her attempt to open a Catholic school in Baltimore failed due to anti-Catholic resentment in the area at the time, Mother Seton refocused her efforts in Emmitsburg, Maryland.

It was in there that she successfully founded the St. Joseph's Academy and Free School for young Catholic girls. Her outreach to young children, however, did not stop there. The Sisters of Charity was established in 1809 as a way for other young women

to join Mother Seton in her valiant efforts to aid those in need. The religious community started out as five young women, but within 12 years, at the time of Mother Seton's death, had grown to 50 members. The group's main objective was to assist in young people's lives, particularly concentrating on developing and opening new Catholic schools, a radical feat during that time. Mother Seton's last words to her close followers at the time of her death were simple -- "Be children of the Church." Today, her statement rings true in the work still being done by the Sisters of Charity.

The value of a strong Catholic education is undeniable. Accordingly, the value of celebrating the Legacy of Mother Seton is equally evident. "I think it's a major part of who we are, of our identity, why we exist as a school, and why we should continue to exist even more strongly in the future," Miss Dwyer

## Seton Legacy (Continued)

“We build the present on the past and then we build the future on the present. That’s what legacy is. We have a legacy that we stand in the shadow of and we need to make it part of our own work here at Seton.”

Both Miss Dwyer and Assistant Principal Doctora Anchen Schultz agree that the best way to decide how to celebrate the Legacy this year should lie in the hands of the students. Apart from the annual mass that is celebrated in Mother Seton's honor, the administration, as well as Student Council, will be open to new suggestions as to how to best exemplify the importance of

this year. As of now, the Legacy has been hallmarked by the distribution of the school calendar, which was designed to incorporate the bicentennial commemoration. In addition, the continued use of the Mother Seton School Prayer in the classroom will be encouraged.

In the spirit of Mother Seton, this school year will also be marked by the development of the Tolerance Project, which will begin in October. The administration anticipates tying the Legacy and this school year's virtue of tolerance to-

gether in an interdisciplinary lesson in order to portray to students how imperative it is to understand and learn from the virtue. Throughout the remainder of the school year, the administration looks forward to working in conjunction with the student body to develop ideas for the Seton Legacy and celebrate its impact because, this year especially, it truly is a great time to be a Saint!

The following website was referenced during the writing of this article:

<http://www.emmitsburg.net/setonshrine/>

## What’s Up With Weis *by Abby Harrington & Maria Turrigiano*

Those who have lived in the Southern Tier in the past 76 years may have relied on the Giant Markets in order to feed their families. However, due to economic hardships and financial struggles the local Giant Markets could no longer move forward. The purchase of these stores by Weis Markets was announced earlier this year and the changeover has officially taken place.

Although the transition from Giant to Weis may have seemed to happen quickly, it has been effective. Weis has already made significant changes, such as doubling its inventory and

stocking the shelves with Weis products.

When southern Tier shoppers first walk into the new Weis stores, they will notice changes from the previous stores. Those familiar with the Giant “setup” will feel at home; however, the variety of items has surely grown.

The rows of rusty and weathered carts in the entrance way have been replaced with seasonal settings such as mums and pumpkins. By providing a comfortable setting, Weis hopes the community will accept them with open arms. “Our main objective is to keep a comfort

level with the community,” a supervisor at Weis said of the chain’s new presence in the greater Binghamton area. The company wants to make sure that lifetime Giant customers spend their hard earned money at the new stores.

Southern Tier shoppers will also be impressed with how Weis has strived to keep former Giant market employees in their jobs. “We are proud to have kept ninety-nine percent of workers who were ready to accept the transition to Weis,” a Weis supervisor said. Weis has a payroll of 18,000 employees in their 154



Weis Market

## What's Up With Weis (Continued)

Weis has strived to keep former Giant market employees in their jobs. "We are proud to have kept ninety-nine percent of workers who were ready to accept the transition to Weis," a Weis supervisor said. Weis has a payroll of 18,000 employees in their 154 stores in the Northeast area.

Many customers may wonder what new products will fill the aisles at the new stores and more importantly, if certain grocery items will still be sold under the new name. Almost all of the products that were sold at local Giants will be available at Weis and additionally, Weis will be carrying generic items with the company label. "Shoppers have to expect prices to increase for

some products and decrease for others," the supervisor said. Weis will strive towards its motto "Where Freshness Matters" by providing the freshest and highest quality food at competitive prices. Store officials are confident that customer appreciation coupons, printable online coupons, a price point saving card, and fresh ads will have the Southern Tier shoppers coming back for more.

"Effortless Entertaining" is another service that Weis will offer. Platters of prepared foods such as garden vegetables, hot wings, and party cookies will be available for take-out for any size event. An expanded delicatessen and bakery, plus new recipe ideas every week will

keep the "hometown feel" in the supermarkets. Also, when the holidays roll around, Weis gift cards in five different denominations can be purchased for excellent stocking stuffers. The supervisor added, "We are excited to become a part of this new community, and hope that customers will come into our stores and find exactly what they are looking for."

Weis is an American owned business located in both rural and metropolitan areas. Weis has stores located in Pennsylvania, Maryland, New Jersey, New York, and West Virginia. They operate eleven stores here in the Southern Tier.

## Saintly Service by Haley Farrell

Service has become an increasingly prevalent part of life at Seton Catholic Central, and the month of September was no exception. The weekend of September 19<sup>th</sup> and 20<sup>th</sup> was filled with many volunteering opportunities, including the Buddy Walk, Senior Luncheon, and Lung Cancer Walk.

The Buddy Walk, which took place at Binghamton Ross Park Zoo, was heavily represented by enthusiastic

Seton students helping out with everything from setting up to running games booths to passing out brochures. Many other groups were also present at the vivacious event: news reporters, cheerleading teams, performances by *Talking Hands* and *Flame*, Best Buy volunteers, and many others. The Buddy Walk was a great opportunity for students to widen their horizons and reach out a hand to our community!

The Senior Luncheon, which took place at Saint Patrick's Hall, was bursting with Seton faces volunteering to provide the Senior Citizens with a pleasant lunch and great overall experience. Seton students helped to serve food, call out raffle winners, clean up, and ultimately provide the Senior Citizens with friendly company. The volunteering Saints added to the success of



Evan Sandell, Kelly Farrell, Julia O'Connor, Taylor Farrell, Emily Burchill, & Haley Farrell

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## Saintly Service (Continued)



Haley Farrell & Pat Hart

the luncheon without a doubt!

The Lung Cancer Walk, which took place at Recreation Park, was a fun-filled event with no shortage of familiar faces. Seton's own alumnus Josh Schultheis won the entire race with a time of 16:55; while Seton

alumnus Patrick Hart, now involved in the ROTC program, ran in full army apparel, including a backpack and boots, as a part of his training. Mrs. Schmidt and Senora Hacker also participated in the walk and added to the upbeat atmosphere of the event. Seton pride once again

certainly made an impact on the annual Lung Cancer Walk!

The Saints undoubtedly added to the exciting atmospheres of each of the weekend's events with friendly smiles and helping hands. Great Job Saints!

## Faculty Spotlight by Brendan Foley



Brendan Foley, Mckenna Sandell, & Mrs. Erica D'Alessandro

The beginning of the school year has arrived and, as always, new faces are around every corner. Here at Seton Catholic Central, we pride ourselves on being a welcoming and open community. Mrs. Erica D'Alessandro is a new addition to the Guidance Department for the 2009-2010 school year. Mrs. D'Alessandro became a member of our dedicated and hard working staff as of September 2<sup>nd</sup>, eager to get right down to business. She is very personable and energetic, and cannot wait to start meeting the students while kicking off this brand new year.

Mrs. D'Alessandro grew up in the Endicott area, attending Union Endicott High School before going on to pursue her desires to study and learn to become part of the School Psychology and Guidance Department. She at-

tended both Binghamton University and Marywood University.

"After experiencing, first hand, the role of a school psychologist, I realized that the role of a guidance counselor seemed to fit me better," D'Alessandro said. After completing and achieving her degree, she spent a total of five years as a Guidance Counselor at Union Endicott High School, as well as one year at Johnson City High School.

In her free time, Mrs. D'Alessandro is an avid Food Network lover, who enjoys almost any cooking show. However, of all her favorite cooking shows, Bravo TV's Top Chef ranks number one on her list.

"It's rare for me to ever miss my Top Chef," D'Alessandro laughed, "I'll always try to find a way to work it in to my busy schedule!"

Mrs. D'Alessandro is looking forward to an amazing academic year

for her students. When asked about her desired goals for the year, she could not have a more optimistic or brighter outlook for the future.

"I'm really looking forward to meeting and interacting with all of the students this year. Since arriving here, I have never encountered a more wonderful community of respectful students," D'Alessandro said. "Everyone is enthusiastic about their academic careers and has shown me several of the qualities that make Seton Catholic Central a step above the rest. There is something about the atmosphere throughout these halls that makes me feel welcome."

Mrs. D'Alessandro is confident this school year will be a productive one and she cannot wait to assist the school community. She will be working with all students who have a last

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## Freshman Activity Night *by Kevin Maher*

Do you remember the first week of your freshman year, new to the school, in a whole different learning environment, perhaps intimidated by the older students? Although at first it may have seemed as if you would never fit in, all it takes is time. For the Seton Catholic Central class of 2013 that time came on Saturday, September 12 when the Seton class of 2010 hosted the second annual freshman activity night.

The Freshman activity night was a stress free way for the students of Seton Catholic Central to all hang out and have fun away from the classroom. Student Council had several meetings during the summer and worked tirelessly to plan this special night to welcome the Freshman to Seton Catholic High School family.

Students began arriving at 7:00 and were greeted by Mrs. Schmidt, Mrs. Hacker and Deacon Phillips. Each student was asked to bring a canned good to benefit Catholic Charities, and it turned out to be a huge success.

Once the students entered the gym they were immediately greeted by the popular songs of summer while they had the choice to play a game of volleyball or to enjoy the rental obstacle course that was paid for by the Parents Club. There was another option for the students who did not want to participate in athletics, Sainly Grounds was open where they could go in and enjoy the gaming systems brought in by Myles Brown. Mrs. Mazza was running Sainly Grounds where students could purchase cold drinks and desserts.

When asked for his thoughts about Activity Night, Freshman Pe-

ter Sawiki said "I had a great time, there's a lot to do! It's a great idea for the freshman, and I'm looking forward to many more good times here at Seton." Also when asked what he thought of taking a breathalyzer test prior to entering Peter said "Although I had never been asked to do a breathalyzer test before, I think it is a good idea. It shows that the School cares about its students and about its reputation in the community."

Activity Night proved to be a big success and a good fundraiser for Catholic Charities. The students seemed to have a lot of fun, and the faculty that chaperoned said they "encountered no problems with student behavior." The next chance for all the students to have a social night together will be on homecoming. Until then, enjoy the first month of school, and take time to meet the class of 2013!

## Dress Code Challenge *by Mary Dribnak*

Over the past few years there have been a multitude of issues regarding student compliance with dress code at Seton Catholic Central High School. With the beginning of the 2009-2010 school year, the administration, along with Student Council, introduced a new idea called the

"Dress Code Challenge." This concept was created to encourage students to stay in dress code. If every student remains in proper dress attire, Monday through Thursday of every week, then the student body will be rewarded with a dress down day on Friday. This challenge will be ongoing throughout the

entire school year as long as students cooperate.

Seton Catholic Central is a private school in which dress code is enforced. "Administration wants students to make wise choices and learn how to present themselves for the future," says Mrs. Sardella, one of the study hall teach-

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*"Kan Jam" in the hallways! At Activity Night!*



*Fun in the Gym with Volleyball and the Obstacle Course!*

## Dress Code Challenge (Continued)



Devin Kane in proper Dress Code

ers. Although dress code gives students the chance to express their individuality while still displaying themselves in a reasonable manner, dressing down gives students the opportunity to show off their self-expression in new ways, while being more comfortable. Therefore, the suggestion of a dress code challenge was presented.

"This idea was brought up at a Parents' Club meeting as a way to encourage dress code," says Brendan Foley, a member of Student Council. Haley Farrell, also a member of Student Council adds, "It is a way to try

to get more dress down days and give students an incentive to be in dress code." In order to have success with this challenge, students must be willing to follow the rules. Joe Martin, another member of Student Council believes it will help keep students in dress code, "It will make them work harder with a reward." Administration is allowing the student body to continue the Dress Code Challenge throughout the school year in hopes that it will eliminate the issues concerning dress code. Faculty may inspect students more closely now that this is in effect in order to insure students are respecting

this privilege.

So far, despite minor dress code infractions, the Dress Code Challenge has been a success. Students will need to have the right attitudes towards the rules in order to get as many dress down days as possible. Administration is giving students the benefit of the doubt for trying, in hopes of encouraging them to be in dress code all the time. The Dress Code Challenge can be a great opportunity for students to show the administration that they can follow the rules and earn a dress down day. At the end of the day, Haley Farrell adds, "It's up to you, the students!"

## "Go Green" by Mary Dribnak

Today, issues regarding the environment are becoming a huge obstacle. As we all know, global warming, caused by the sun's rays, the emission of greenhouse gases, such as carbon dioxide, and by exhaust from cars and industries, is a major concern, especially toward animal habitats; therefore the endangered species list is increasing. In 2007, polar bears were added onto the endangered list due to global warming, an increase in earth's surface tem-

perature. One long-term effect from global warming is the melting of the polar ice caps and glaciers. The polar bears environment is threatened and they are at risk for extinction.

Global warming is rapidly disrupting the climate in our world. The habitats of polar bears are already being destroyed and changing as we know it. Saving wildlife from global warming is going to require more than reducing the pollution in the atmosphere. In order to limit pollution in the po-

lar bear environment, oil and gas development in these areas must be reduced. One population already experiencing harm from oil and gas is the Alaskan polar bear. The Alaskan polar bear relies greatly on the Arctic coastal plain for denning, the shelter of a wild animal, and the ice on the Beaufort and Chukchi seas for both denning and hunting. Unfortunately, the Secretary of Interior restricted the Endangered Species Act's protection by allowing oil and gas to continue development



## “Go Green” (Continued)

tection by allowing oil and gas to continue development in polar bear habitats, which now puts the polar bears future in even more jeopardy. As Arctic ice disappears, the Arctic National Wildlife Refuge on the Arctic Coastal plain will become extremely important for the polar bear. In the Alaskan Arctic, the Refuge has created an environment for on-shore polar bears where the

area is not opened to oil, gas, or any other development that would harm or degrade essential habitats for polar bears.

Even though we can't fully stop global warming, we can indeed slow it down. To make this possible, the United States must enact stronger legislation to minimize the amount of greenhouse emissions released into the atmosphere, such as enacting policies that decrease global warming pollu-

tion two percent each year. Individuals can also help by reducing their use of energy and limiting their own use of fossil fuels, such as coal, since the carbon dioxide released goes into the ocean and destroys coral reefs. To save the polar bear from extinction, we need to act now.

For more information on the endangerment of polar bears, go to:

<http://www.nwf.org/polarbear/>

## Haley's How-To! *by Haley Farrell*

High school is primarily designed to prepare students for their future. College, graduate school, jobs, families, relationships, or whatever one plans to pursue, high school lays the framework for what is ahead. In these busy fall months it is easy for students, especially seniors, to get stressed out with everything starting up once again. This month's issue of How-To is directed primarily to underclassmen, giving pointers and advice on how to prepare for college one step at a time throughout one's High School career to make the overall process as stress-free as possible.

The first thing to know is that it is never too early to start plan-

ning for college. Everything you do in high school will affect you later in life, so working hard to get the best grades you can is a great start. Every grade you receive is averaged into your overall grade called your Grade Point Average (or GPA) which will be seen and taken into account by the colleges you decide to apply to. Another piece of advice is to GET INVOLVED. The more activities, teams, clubs, and events you participate in, the more well-rounded you become, and the more experiences you have to draw from. By getting involved, whether it be in service groups, recreational sports, or academic clubs, you can learn more about what you like and dislike, what you're good at, and

maybe even what you would like to pursue after college. Also, when you sit down to write the college essay you can draw on these experiences and write an essay which sets you apart from other applicants.

Another way to set yourself apart from others and challenge yourself at the same time is to take AP classes! With hard work and attentive participation in class, it is certainly possible to score well on the AP exams in May. Buying a review book will make the class simpler because it outlines exactly what you will have to know for the test. Some suggested review books are Princeton, Barrons, Five Steps to a 5, or school supplied review books that can usually be purchased at the SCCHS Bookstore.

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## Haley's How-To! (Continued)

Also, if you find that you thoroughly enjoy a subject and believe you are good at it then take the SAT II Subject Tests in that particular subject. These tests, along with the SAT and/or ACT, are required by many colleges.

All of this may seem very complicated and confusing, but the more you prepare ahead of time the easier the process becomes. Information about deadlines, requirements, and tips can be found on [www.collegeboard.com](http://www.collegeboard.com)

. This site will become very useful to you over your high school career because it will also be where you register for standardized tests, such as the SAT. Another website that is very important is [www.commonapp.org](http://www.commonapp.org). This is where you will fill out the information you need to send to colleges, called your application. This site is used by many colleges, which heavily decreases the amount of time you spend on your applications because after you enter all your information on the common app website, you can simply choose which colleges you wish to send it to and all the information is saved.

Although SAT

preparation classes through institutions such as Kaplan and college planners are by no means required, they certainly do aid in the process. Ms. Dwyer also offers an SAT prep class for Juniors. College planners can help you get organized and help you know what you should be doing each step of the way during High School. The **Sparknotes College Planner** outlines some High School objectives and tips into the "Four-Year Plan" which is briefly described below:

### Freshman and Sophomore Years:

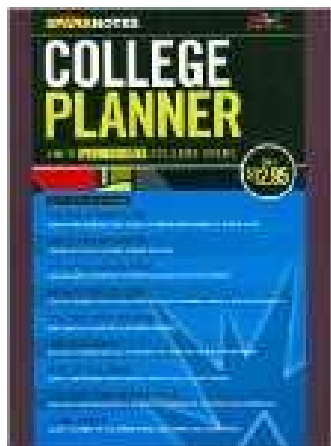
- Meet with your Guidance Counselor – let them know who you are and ask ways in which you can prepare for the college process. Try a variety of extracurricular activities.
- Learn how to type – to help you write efficiently and quickly.
- Start a filing system– for college letters, essays you've written, special awards, etc.
- Create a college journal – Where would you like to go? What do you know about colleges you have heard about?
- Think about your college major and career.
- Talk to your parents about paying for college.
- Make a college list –

consider the size, cost, location, academics, sports, and everything you want your school to have.

- Check out college websites.
- Create a resume – list past jobs, volunteering experience, extracurricular activities, awards, sports, GPA, hobbies, and everything that makes you you!
- Attend college fairs.
- Take the PSAT – as a benchmark.
- Take AP exams.
- Plan for the summer.
- Visit college campuses
- Volunteer

### Junior Year:

- Register for and take the PSAT (sometimes for the second time).
- Talk to your Guidance Counselor about SAT and ACT tests and college options.
- Plan for standardized tests.
- Form study groups for tests.
- Make a list of your top ten colleges.
- Request information packets from colleges.
- Research scholarships and note deadlines, and register for scholarships.
- Research and apply financial aid, if needed.
- Research and apply for summer programs and jobs
- Take AP tests, Subject Tests, the ACT, the



## Haley's How-To! (Continued)

*"Many people have gone through the process before you and guess what? They survived!"*

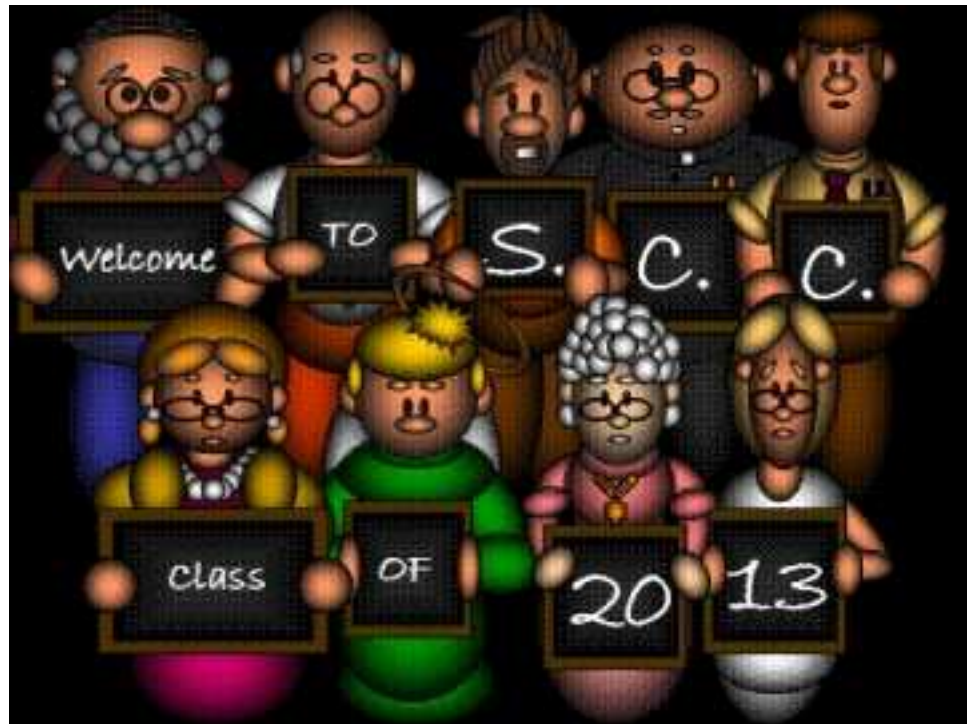
the SAT – whatever the colleges you wish to attend require.

- Ask teachers for Recommendations.
- Visit colleges.
- Request college applications and begin drafting your essays.
- Update your resume and filing system.

As you move onto your final year of High School you will be very

prepared for the final steps if you follow these guidelines in your first three years. Always remember that tomorrow is a new day filled with exciting possibilities, so enjoy this college process experience to the fullest. High school goes by very quickly so enjoy every moment. You will end up where you are suppose to be in life, and in ten years you will look back on the

experience fondly if you know you did everything in your power to give yourself the maximum amount of possibilities. Many people have gone through the process before you and guess what? They survived! You have a lot ahead of you, endless resources to refer to, and eternal possibilities so live your life, work hard, and cherish every single day.



By John Ziolkowski

### Find a Freshman! *by Claire Cuzzo*

Find a Freshman is an article which will hopefully help the student body to get to know our newest students. Each month I will choose two freshmen, one boy and one girl. I will find out different facts about them, and you,

our readers, have to try and figure out who they are using the information posted in this article. The first person to "find the freshman" and submit the name to me will win two saintly grounds bucks. Below are the first two people

so get out there and find those freshmen!

#### **BOY:**

**-Sports he plays:** soccer, basketball, football, and track.

**-Senior buddy:** Leo Moran.

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## Find a Freshman! (Continued)

**-Favorite color:**

green.

**-Appearance:** short brown hair, freckles, and brown eyes.

**-Wants to be when he grows up:** no idea.

**-Favorite food:** gnocchi.

**-Favorite class:**

band.

**-Random fact:** he can whistle.

**GIRL:**

**-Sports she plays:** soccer, and softball.

**-Senior buddy:** Christina Tucci.

**-Favorite color:** or-

ange.

**-Appearance:** reddish-blond hair, freckles, brown eyes.

**-Wants to be when she grows up:** archaeologist.

**-Favorite food:** pizza.

**-Favorite class:** not math.

## Senior Spotlights: Gabe Slavik and Claire Valetta

by Mike Hacker

### Claire Valetta

Claire Valetta has always been interested in musical theater and she has been a huge part of the Select Chorus and Theater groups here at Seton for all four years of her high school career. She also played in soccer her freshman year. Claire takes private theater lessons and voice lessons and has for almost all her life. She wants to attend college for a major in Musical-Theater and once she has graduated, hopefully move to New York City to pursue an acting career on Broadway. Claire's college list, not surprisingly, includes schools with some of the most prestigious Musical-Theater programs in the country. This list includes: Carnegie Mellon University, Cincinnati Conservatory of Music, Boston Conservatory of Music, and

Baldwin Wallace College. To get into Music-Theater programs, applicants must perform an audition and like any college, supply an impressive resume of performances, training, and of course, schoolwork. In her last year of high school, Claire hopes to do well in all of her auditions and get into one of the high-powered schools that she is hoping for. Claire's favorite Broadway show is *Les Misérables*, her favorite actor is Robert Pattinson, and her favorite actress is Rachel McAdams.

### Gabe Slavik

Gabe Slavik has always had an interest in politics. When he was growing up, Gabe's dream was to become the president and even though that is obviously a lofty goal, Gabe is still interested in becoming involved in politics,

possibly as a senator. Before he pursues this goal though, Gabe hopes to attend University of Notre Dame and major in chemistry on a pre-med track and eventually become a radiologist. Going to Notre Dame has always been a dream of Gabe's, because he says that it is not only a "leader in college academics, but it is a place where one can be educated in the mind mentally, and heart spiritually."

Gabe's favorite class at Seton was Global Studies 1 with Mr. Hyland because before that class, Gabe found history a boring subject but he says that Mr. Hyland turned history into something "alive and interesting" and Gabe enjoyed the class as a result of this. Gabe has played football and lacrosse since 9<sup>th</sup> grade and he is a member of the current student council and has been involved in various

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Claire Valetta



Gabe Slavik

## Senior Spotlights (Continued)

He is interested in becoming involved in student government in college as well, possibly in College Republicans and he wants to play intramural football at

Notre Dame. Before high school is over, Gabe wants to break 1400 on the SAT's in the critical reading and math sections combined. His advice to underclassmen is

to study hard and remember that every minute counts in school from the moment you walk in the door every morning.



Andrew Madl

### Artist of the Month: Andrew Madl

by Sarah Meier

This month we are highlighting Andrew Madl, a senior at Seton Catholic Central High School as being one of the top artists of the month. Andrew is a devoted artist who enjoys art and is considering pursuing it in college. He also believes that maybe someday he will follow a career path that involves art.

**Q:** What art classes are you taking as a senior?

**A:** I am taking AP art.

**Q:** Are you currently working on any projects?

**A:** I'm currently working on a self-portrait, but I'm doing it in a nonconventional way. Rather in a more dreamlike, surreal way.

**Q:** What is your favorite style of art? Why?

**A:** My favorite style of art is surrealism. I like it because it makes you study the piece of art and makes you want to try to understand it and what the artist was trying to portray.

**Q:** Do you have a favorite work of art? Why?

**A:** I don't have one favorite work of art. I really like most of Salvador Dali's works because I like his style and I find it very interesting.

**Q:** What are your future plans? Do you think you might pursue art?

**A:** I plan to go to college. And yes, I'm considering majoring in architectural design or environmental science.

### Horoscopes by Michael O'Brien

**Aries:** You will struggle putting on your shirt.

**Taurus:** Do not eat any bananas today.

**Gemini:** Drink only water.

**Cancer:** The beach nearest to your house is the only safe place.

**Leo:** You will trip on a rock.

**Virgo:** Be afraid of the doctor.

**Libra:** Begin with the end in mind.

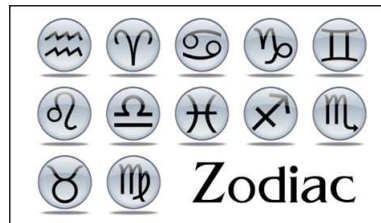
**Scorpio:** Compliment someone today.

**Sagittarius:** You will find a penny on the ground.

**Capricorn:** Smile at everyone you see today.

**Aquarius:** Don't go swimming.

**Pisces:** Try out for the basketball team.



## Putting The “Fun” Back In Fundraising

by Mckenna Sandell

Most high school students find fundraising for their school to be a boring, tedious, and time consuming activity. It is often hard to think outside the box, and see the alternative side to fundraising. Fundraising is not only beneficial to the individuals participating, but it is also advantageous to their families, peers, and school as a whole. Fundraising do not always have to be a dull and dreary task though, and once the benefits are completely understood, students may find it easier to see the positive side of fundraising.

The annual Seton Catholic Magazine Drive will begin on October 7th and continue until October 23rd. This is a great chance for students to raise much needed money for their school, as was as an opportunity to earn many prizes and rewards along the way. This Magazine Drive is a crucial part of the school year, as money is raised to support students and activities throughout the rest of the year. Most students know that the money raised during the Magazine Drive helps support financial aid for students returning the following year, but

many students might not know that over 40 percent of students who attend Seton receive some sort of financial aid each year. Without the money collected during the Magazine Drive, many students would not be able to receive this financial aid, and sadly may not be able to return to Seton without this help. Besides support for financial aid, the Magazine Drive also helps support many activities that students enjoy throughout the year, these activities include funding for the Yuletide Dance, Catholic Schools Week, Saints Day, and trips to Nazareth Farm. Many of these activities not only benefit the students of Seton Catholic Central, but the community as well. The Magazine Drive money also helps to buy the Christmas trees and storage bins that are not only used to decorate the dance, but are also given away to needy families. Many of the Saints Day projects, such as summer baskets filled with fun activities for children who would otherwise go without, are also funded by the Magazine Drive. If there is no money collected from the Magazine Drive, the people of the community who depend on Seton will be greatly let down.

Besides the numerous

events and individuals that the Magazine Drive supports, there are also some benefits to those who chose to participate in the fundraising event. Each participant who sells eight or more magazines will be able to dress down for the duration of the sale. Also, a free year book will be given out for the sale of twenty magazines. Once students begin to sell magazines, their names will be put in for drawings of gift cards. These include gift cards to Old Navy, Itunes, and various restaurants, as well as gift cards for gas, cash prizes, and free cookies. There will also be a Hoop Shoot for Cash, where participants will be able to shoot baskets for different amounts of money. These as well as other prizes are what participants in the Magazine Drive can look forward to.

Even after learning about all the benefits to Seton's annual magazine drive, some students still may be reluctant to participate, and unsure exactly how to get magazines sold. First, know that one of the main components to success in selling magazines is attitude. If students maintain a positive attitude, selling magazines will be easier, and more people will be willing to



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## Putting The “Fun” Back In Fundraising (Continued)

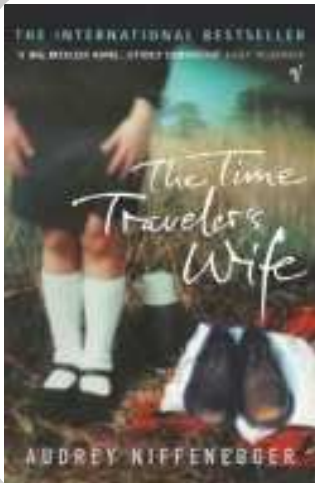
the ones to buy magazines from them. This is not the case, while some parents and other family members may be willing to buy magazines, other sources such as neighbors, doctors and dentists offices, and other places of employment, are usually great consumers of magazines. Remember, when selling magazines, always be polite, informative, and thankful, this will make potential buyers more eager and willing to but

magazines.

Seton Catholic Central is not just a school, we are a family. This family extends not only throughout the school, but also throughout the local community as well. As a family, individuals must work to help every other member, and in today's world, there are many members in need. The Seton family prides itself on the selflessness of its members and their willingness to help others. By participating in the Magazine Drive, stu-

dents show pride in their school, and think not only of personal gains, but also of the benefits this fundraising activity will have on everyone. Through the help of the money raised during the Magazine Drive, this can become one of the best school years ever. Students are greatly encouraged to get out there with a positive attitude, sell some magazines, and really make a difference in the lives of the members of Seton's community.

## “Booktacular” by Kate Wilcox



Booktacular is an article which discusses and reviews books. The first book being reviewed is Audrey Niffenegger's first novel, *The Time Traveler's Wife*. The story describes the trials and tribulations of Clare Abshire, an artist who lives her life in a normal progression, and Henry DeTamble, whose life is controlled by his spontaneous travels through time. The journey Audrey Niffenegger takes her readers on is one that establishes a deep connection and care for her cautiously created characters. The readers will share in Henry and Clare's heart break and triumphs. Audrey Niffenegger takes the reader back and forth through time,

filling in important periods in each of Henry and Clare's lives. As both Henry and Clare take turns narrating, the reader discovers how deep their connection truly is, regardless of their misfortunes. The intense love that Henry and Clare share becomes a life vest amidst the greatest of tragedies. *The Time Traveler's Wife* is a book that gives homage to the old saying that love conquers time.

### Quotes from readers:

“I thought it was interesting how the author described different points in both Claire and Henry's lives, yet managed to make the two different stories cohesive.”

—Maeve E. Salanger

“The Time Traveler's Wife,' is a touching love story that kept my interest until the end. Although it has some sad points, I still like it. I recommend reading the book before seeing the movie.”

—Claire M. Valletta

“I grew very fond of Henry and Clare throughout the course of reading this book. My favorite parts were reading about when Clare first met him in the meadow. This is a very endearing read. I would recommend it as a good rainy day read.”

—Kate E. Wilcox

# Sports

## Saints Go Marching In!

by Joe Martin

The new school year has begun and Seton Catholic Central sports teams are off to a stellar start! During the fall season SCC offers a variety of Varsity sports, for both boys and girls. These sports include football, boys and girls' soccer, girls' tennis, golf, swimming and cross country. Each of these teams has started their respective years with a bang. The football team is undefeated (As of 9/16/09), the golf, ladies' tennis, and girls' soccer teams each have only one loss apiece. The boys' soccer team, with a thin squad, is looking good with a 2-3 record, only losing two games by a combined 2 goals, and the third loss coming from a hard matchup against high-powered Susquehanna Valley. Here is a look at each team and some of the student-athletes leading the Saints! (Not necessarily listed in order of importance...)

The Varsity boys' football team enters their home opener with a 2-0, undefeated record, something that hasn't happened in years. At the helm is Coach Jim "The Legend" Clarke. In his second year of head coaching the football team, "Clarke" has

acquired a 5-6 overall record, and turned the football Saints



around after a dismal 0-8, 2007 season. Leading the charge on the field are two returning starters, James Hranek and Andrew Tripicco. James Hranek, top-rated passer returning to the starting quarterback spot, opened up the season in grand style. In two games, Hranek has 343 yards, 5 touchdown passes, and only one interception. A main target of Hranek's is receiver Andrew Tripicco. With 183 yards receiving on 12 catches, Tripicco is one of the section's top receivers. Andrew is not only an offensive weapon, but he represents a force on defense. Kudos to the often-unheralded Saints starting defense who shut out both Elmira-Notre Dame and SV, while they were on the field as a unit. The Saint's next three

opponents include Deposit, Hancock, and, for the homecoming game, Harpursville.

To the pitch! The girls' Varsity soccer team has gotten their season off on the right foot, so to speak. Sporting a 4-1 record, the lady Saints are taking the STAC east division by storm. Coach Joe Fritsch, in his second year of coaching the girls' varsity team, is represented on the field by a talented group of young ladies. Defender Maria Turrigiano is one of these talents. Known for donning a Superman shirt under her keeper's jersey, Turrigiano is often referred to as the "Super Goalie". Turrigiano has posted two shutouts, while she was in the game, in four contests. Another bright spot in the girls' lineup is Midfielder Erin Jones. Jones leads the team with ten goals! Re-

turning to the team as a senior, Jones is expected to shoulder a heavy load of the scoring and in the first five games of the season she seems to be holding her own. The



Saints next three match-

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## Saints Go Marching In! (Continued)

The Saints next three matchups include Johnson City, Owego, and Oneonta.

To the courts! The Ladies' Saints tennis team started the year with a five-game winning streak. Every girl from second singles and down was undefeated entering the September 16<sup>th</sup> match against Susquehanna Valley. The Lady Saints are 6-1 and looking strong this year. Coach Katie Loughlin is coaching the team for the second year. One of the top singles players is Haley Farrell. With a 6-1 record, Farrell is a force to be reckoned with. When asked what she considered to be on of



her strengths on the court, her answer was her consistency from the baseline. Another impact player for the Saints is Julia O'Connor. A returning senior, O'Connor plays fourth Singles and has a team-leading record (along with Farrell) of 6-1. O'Connor considers her strength to be her powerful forehand shots. The next three upcoming matches include Windsor, Chenango Valley, and Chenango Forks.

On to the Greens! SCC golf has come out of the gates fast this year accumulating a 5-1 record. Coached by second-year man Tom Lee (second year in

his second stint with the team), the golf squad has been nearly unbeatable. Standouts include Seniors Jack Myette and Mike Hacker, and Juniors Josh Jimenez and Bob Garbade. Myette is known for being the heavy hitter off the tee. His low score on the year is a 36. Hacker is a senior this year. Transferring from Blue Ridge school in PA in the middle

of his junior year, Hacker brings his golf game to SCC. A 2-under par, 33 at Geneslet is Hacker's best score, and he considers his iron play to be the best aspect of his game. Upcoming matches include CV, ME, and SV.

Back to the pitch! The boy's Varsity soccer team is 2-3 so far, and a .500 record is not where the team wants to be right now. The aforementioned losses struck a chord with the players and coaches, yet they retain an optimistic outlook towards the rest of the season. Coach David Kendall enters his second year as head coach, and hopes that his team will be able to step up their game on offense. Two players hoping to be the remedy to the scoring prob-



lem are two senior midfielders, Brendan Foley and Donald Castellucci III. Foley has been solid for the Saints with one goal, but it's his quiet confidence that sets the tone for the rest of the team. Donald Castellucci III, the vocal midfielder, has three goals to his name and is also a senior leader on the team. Castellucci III has this to say about the team: "We have been playing well, just been getting unlucky at times. We have been on the wrong side of some close games, but I'm sure that will change as the season goes on." The next three matches are against Maine-Endwell, Johnson City, and Owego.

Shout out to Seton swimmers Chelcie Almeyda and Georgie Slattery. The little highlighted sport offered at Seton, the swim team has merged with Binghamton HS to form the undefeated (2-0 record), powerhouse squad. Almeyda is a senior and is very strong in the 200 meter free stroke. With her father as coach, Almeyda has a swimming background and is one of the team leaders. Upcoming meets include clashes against Elmira at Elmira Free Academy, Windsor at East Middle, then another meet at East against Vestal.

Seton sports have a lot to be proud of so far this season. It is encouraged to attend as many games for as many teams as possible! The Homecoming football game, against Harpursville, will take place on October 3<sup>rd</sup> at Alumni Stadium. Good luck to all teams and come out and Support your Saints!



## Athlete of the Month: Haley Farrell *by Sarah Meier*

This season the Seton Girl's Tennis Team has started off the year with a bang posting an 8-1 record. Four year veteran, Haley Farrell, has been a key component in the team's success. Holding the best record as a single player on the team (8-1), Haley has helped the team to overcome talented teams in tough situations.



**Q:** What do you feel your strong point is?

**A:** Consistency from the baseline. I usually don't go for the big, riskier shots.

**Q:** What do you think about your other teammates?

**A:** I think we have a strong team. We have been able to bond really well. It's been a very positive season and as a group we have been able to support each other.

**Q:** Who has been your biggest competition so far?

**A:** Definitely the Susquehanna Valley match! I was undefeated until we played them. It was good tennis, but it didn't end the way we wanted it to.

**Q:** What are your goals for the rest of the season?

**A:** I want our team to become STAC or division champs. I also want to make it far in sectionals and have a winning record.

**Q:** What are your future plans and do you plan on continuing playing tennis?

**A:** I'm not sure what college I want to go to, but wherever I go I want to continue playing tennis on a club or intramural team just for fun.

## Homecoming 2009-Harpursville @ SCC *by Dennis Fitzgerald*

The Seton Catholic Central Varsity Football Team will meet the Hornets on October 3<sup>rd</sup>. The

game will be a repeat of last year in that it the Saints will host Harpursville on Homecoming weekend. The Saints will enter the game on a 3-1 hot

streak, while Harpursville enters at a strong 2-2. Senior quarterback, James Hranek, will play in his first game, since being injured against Susquehanna Valley earlier in the season. Momentum will be key to the Saint's victory, while spoiling a Homecoming game will undoubtedly be on the minds



of the Hornets. The atmosphere will play a large role in the game as Seton has not had a program this successful in years.

The biggest hurdle for the Saints will be on offense. Disaster struck the saints two weeks ago, with the dislocated hip of star wide receiver Joseph Martin, the Saints must now find a new play maker. This will be no easy task, as Martin accounted for half of the total points scored by the Saints in the first two games. Look for Jesse

Wood and Jake Daly, running backs, to fill the void left by Martin and power the Saint's offense. On the defensive side of the ball the Saints will need to continue their hard nosed play and stop the ground ball. Pass defense will not be much of a concern as the Hornets have a tendency, like most class

D teams, to keep the ball on the ground.

Being a division game, intensity will be running high. A win in this game, as with every other, will give the Saints a post season opportunity. However losing this game will give the Saints two losses in the division and with teams like Delhi and Bainbridge Guilford, two losses could prove to be season ending. With a team that made it to the playoffs last year, anything short of a playoff run would be a disappointment.

On October 3<sup>rd</sup> two teams will collide, both hurting for a successful season, and both eager to take the spotlight. The Saints walking out of Alumni Stadium as winners will determine the fate of a season. Whether their heads are held high or down low will depend on both the spirit of the players, and the motivation of the fans in attendance. Saints football needs this win.

# Beat The Experts *by Devin Kane*

<b>Beat The Experts</b>	<b>Coach Sinicki</b>	<b>Jesse Wood</b>	<b>Mike Koval</b>
NFL Games Week # 5			
Oakland Raiders @ New York Giants	New York Giants	New York Giants	New York Giants
Cleveland Browns @ Buffalo Bills	Buffalo Bills	Buffalo Bills	Buffalo Bills
Tampa Bay Buccaneers @ Philadelphia Eagles	Philadelphia Eagles	Philadelphia Eagles	Philadelphia Eagles
New York Jets @ Miami Dolphins	New York Jets	Miami Dolphins	New York Jets
Tie Breaker Game (Score Included) Houston Texans @ Arizona Cardinals	Arizona Cardinals(34-24)	Houston Texans(31-28)	Arizona Cardinals(28-24)
College Football Games Week # 6			
Colorado @ Texas	Texas	Texas	Texas
Alabama @ Mississippi	Alabama	Alabama	Alabama
West Virginia @ Syracuse	West Virginia	Syracuse	West Virginia
Boston College @ Virginia Tech	Virginia Tech	Virginia	Virginia Tech
Georgia @ Tennessee	Georgia	Georgia	Tennessee
	<b>Maria Turrigiano</b>	<b>Devin Kane</b>	<b>Joe Martin</b>
NFL Games Week # 5			
Oakland Raiders @ New York Giants	New York Giants	New York Giants	New York Giants
Cleveland Browns @ Buffalo Bills	Buffalo Bills	Buffalo Bills	Buffalo Bills
Tampa Bay Buccaneers @ Philadelphia Eagles	Philadelphia Eagles	Philadelphia Eagles	Philadelphia Eagles
New York Jets @ Miami Dolphins	New York Jets	Miami Dolphins	New York Jets
Tie Breaker Game (Score Included) Houston Texans @ Arizona Cardinals	Arizona Cardinals(34-21)	Arizona Cardinals(28-14)	Arizona Cardinals(33-17)
College Football Games Week # 6			
Colorado @ Texas	Texas	Texas	Texas
Alabama @ Mississippi	Alabama	Mississippi	Alabama
West Virginia @ Syracuse	West Virginia	West Virginia	West Virginia
Boston College @ Virginia Tech	Virginia Tech	Virginia Tech	Virginia Tech
Georgia @ Tennessee	Georgia	Georgia	Georgia